



Child Care Provider Workshop Series



BIBB COUNTY

Eat Healthy, Be Active July 17 - 6:30-8:30 PM

Emergency Preparation for Child Care July 19 - 6:30-8:30PM

Sponsored by Macon-Bibb Extension

**\$10
Per Class**

Location of workshop:

145 First Street Upper Level Macon, GA 31201

Additional parking located in the rear of the building

Pre-registration is required, no walk-ins • Deadline for registration: July 13, 2018 or when the class is full • Each class is a 2-Hour *Bright from the Start* entity approved training

Session Descriptions:

Macon Bibb County Cooperative Extension is offering a series of evening child care classes during the month of July at the Macon-Bibb County Extension Office located at 145 First Street, Macon GA. Each class will provide two hours of *Bright from the Start* entity approved training for child care providers. The registration fee is \$10 per class. Pre-registration is required. NO exceptions.

Eat Healthy, Be Active – July 17 – Prepares early childhood professionals to educate young children about nutrition and physical activity. The class provides an overview of healthy eating and physical activity in children ages 3 - 5, reviews the research on childhood obesity prevention, and familiarizes participants with hands-on activities to teach nutrition and physical activity to preschoolers. Be prepared to engage in physical activity!

Emergency Preparation for Child Care – July 19 – Are you prepared for an emergency? The way we respond to an emergency can be a negative or positive experience, but it all depends on how we prepare beforehand. The purpose of this course is to provide the basic guidelines necessary to develop a disaster preparedness plan for child care facilities.

Professional Etiquette

All participants are required to participate for the full training time allotted. In order to ensure a quality training experience for everyone, children are not permitted in trainings.



Pre-registration Form

NAME: _____

E-Mail: _____

ADDRESS: _____

TELEPHONE NUMBER: _____

CENTER NAME: _____

CENTER MAILING ADDRESS: _____

CLASS:

Eat Healthy, Be Active

Emergency Preparation
for Child Care

Make checks payable to:

Macon-Bibb County Extension / 4-H

Return the completed registration form **by July 13, 2018**

Macon-Bibb County Extension Office

Keishon Thomas

145 First Street Upper Level

Macon GA 31201